

Notes to Self: The Dr. K Method

(or how to keep performing while the world collapses politely around you)

“Reality is a rehearsal. The props are borrowed, the lighting is unreliable, and the audience keeps changing seats.” — Dr. K

1■■■ Theatre within Theatre (within another Theatre)

Remember: you're never just in one show. Every role rehearses another role. Sometimes you're the actor; sometimes you're the lighting cue. Try to applaud yourself only when absolutely necessary.

2■■■ Illusion ≠ Escape

Illusion isn't about hiding — it's about holding. When things fall apart, pretend they're part of the choreography. (If that fails, blame the stage manager of the cosmos.)

3■■■ Dark Whimsy

Laugh in the wrong places. The universe enjoys slapstick: gravity, entropy, taxes. If you can make a joke out of despair, you might just be on to something transcendental.

4■■■ Music as a Multiverse

Every tune is a different planet with slightly altered physics. Visit them all. If you get lost, hum the theme from whatever life you'd rather be in.

5■■■ Cross-Cultural Chaos

East meets West, then orders dessert. Art is diplomacy by other means — usually involving a key change. Remember: misunderstandings keep things interesting.

6■■■ Sympathetic Machines

Treat every gadget as if it has stage fright. Computers crash because they care too much. Even robots dream of composing waltzes they'll never dance to.

7■■■ Language as Hypnosis

Every sentence is a spell. Use “Enjoy the show” sparingly — it's more powerful than it looks. Try not to accidentally hypnotize yourself while writing tech notes.

8■■■ Philosophy in Sequins

Hide the serious thoughts under glitter. A theorem explained through tap-dance is still a theorem — and possibly a better one.

9■■■ Cinematic Stagecraft

Stage time is film time slowed down for human comprehension. Quick cuts, slow bows, lingering spotlights: editing without an editor.

■ Compassion, Always

Mock the systems, not the souls. Even villains need a little empathy — it confuses them and buys you time to escape.

Final Note

Music, Magic, Mind, and a Self-Perpetuating Illusion.

Try to make art that works whether or not anyone's watching. And when the lights go out, bow anyway — someone, somewhere, will feel the echo.